

Neurostimulation Therapy

What is involved in deciding on neurostimulation therapy?

Typically, there are **four steps** in deciding on neurostimulation therapy - understand, prepare, evaluate, receive. Your doctor will advise you each step of the way.

UNDERSTAND

Begin by understanding neurostimulation therapy, its benefits and risks.

PREPARE

To prepare for the possibility of receiving neurostimulation, you will have a screening test to see if neurostimulation can help manage your pain.

There are **two** important steps before the screening test.

Step one is addressing any medical issues with your doctor.

Step two is a psychological evaluation, which is used by your doctor and insurance company to ensure there are appropriate expectations for the trial and therapy. It is also to assist you in addressing any negative effects chronic pain has had on your mood and outlook.

EVALUATE

During the screening test, you and your doctor will evaluate if neurostimulation is the right treatment for you. This is your opportunity to experience what neurostimulation feels like and to find out if your pain responds to the therapy.

RECEIVE

If you have a successful screening test and your pain responds to neurostimulation, you can proceed with long-term therapy. You have had a successful screening test if you have 50%, or greater, pain relief and seen improvement in your ability to function.

